

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Taco Bar

Midnight

Broccoli & Cheese Soup
Italian Pasta Salad
Caesar Salad
Fish w/ SW Salsa

Chicken Nuggets
Parmesan Rice
Peas
Breakfast Items

Breakfast

Turkey Patties
Beef Links
Creamed Beef
Pancakes
French Toast
Hash Brown Patties
Eggs to Order

Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Chicken Tortilla Soup
Italian Pasta Salad
Caesar Salad
Baked Chicken
Caribbean Catfish
Roast Pork Tenderloin
Parmesan Rice
Roasted Cauliflower
Carrots on the Griddle
Mixed Vegetables
Dinner Rolls
Jalapeno Cornbread

Dinner

Midwestern Tomato & Rice Soup
Italian Pasta Salad
Caesar Salad
Swedish Meatballs
Polynesian Fillet
Turkey & Spinach Meatloaf
Risque Potatoes
Oriental Rice
Carrots
Broccoli
Cauliflower Combo
Dinner Rolls
Jalapeno Cornbread

Proud to Serve

Cycle Day 21/ Tuesday, October 1st



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Wings Bar

Ham & Bean Soup
Carrot Salad
Fruit Medley Salad
Baked Fish w/Lemon Garlic Butter

Midnight Turkey Spinach Meatloaf
Italian Sausage
Brown Rice
Calico Corn
Breakfast Items

Breakfast

Turkey Bacon
Beef Bacon
Pork Patties
Creamed Beef
Pancakes
French Toast
Tater Tots

Egg to Order
Grits/ Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Biscuits
Krispy Kreme

Lunch

Ham & Bean Soup
Carrot Salad
Fruit Medley Salad
Beef Pot Pie
Chicken Parmesan
Baked Fish w/Lemon Garlic Butter
Garlic Mashed Potatoes
Cilantro Brown Rice
Calico Corn
Roasted Butternut Squash
Spinach
Dinner Rolls
Cornbread

Dinner

Cream of Potato Soup
Carrot Salad
Fruit Medley Salad
Jerk Roast Turkey
Pineapple BBQ Meatballs
Savory Baked Chicken
Long Grain Harvest Rice
Glazed Sweet Potatoes
Stewed Tomatoes
Broccoli Polonaise
Corn on the Cob
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 22/ Wednesday, October 2nd



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Curry Cuisine

Midnight

Corn Chowder
Fruit Salad
Turkey Waldorf Salad
Roast Pork Tenderloin

Chicken Patties
Mashed Potatoes
Carrots
Breakfast Items

Breakfast

Turkey Links
Pork Bacon
Pork Links
Pancakes
French Toast
Hash Brown Patties
Eggs to Order

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwiches
Broccoli Quiche
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Corn Chowder
Fruit Salad
Turkey Waldorf Salad
Cajun Salmon
Baked Spaghetti
Honey Ginger Chicken
Jefferson Noodles
Mashed Potatoes
Steamed Rice
Cauliflower
Cajun Style Vegetables
Broccoli Parmesan
Dinner Rolls
Cheese Biscuits

Dinner

Carrot Soup
Fruit Salad
Turkey Waldorf Salad
Salisbury Steak
Baked Mexican Chicken
Baked Ham
Spicy Brown Rice Pilaf
Hacienda Potatoes
Roasted Butternut Squash
Corn Combo
Green Beans
Dinner Rolls
Cheese Biscuits

Proud to Serve

Cycle Day 23/ Thursday, October 3rd



**** Menu Subject to Change Without Notice ****

DFAC

Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Potato Bar

Midnight

Chicken Gumbo
Tuna Salad
Cole Slaw Salad
Cajun Meatloaf

Parmesan Fish
Italian Sausage
Red Beans & Rice
Corn on the Cob
Breakfast Items

Breakfast

Beef Bacon
Pork Patties
Turkey Patties
Creamed Beef
Waffles
Pancakes/French Toast
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash brown Casserole
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Chicken Gumbo
Tuna Salad
Cole Slaw
Grilled Pork
French Fried Shrimp
Grilled Steak
Red Beans & Rice
Au Gratin Potatoes
Corn on the Cob
Roasted Brussel Sprouts
Peas w/Onions
Dinner Rolls
Cornbread

Dinner

French Onion Soup
Tuna Salad
Cole Slaw
Creole Fish Fillet
Simmered Beef
Boneless Roast Turkey
Dirty Rice
Mashed Potatoes
Carrots on the Griddle
Okra Mèlange
Green Beans w/Feta
Cornbread
Dinner Rolls

Proud to Serve

Cycle Day 24/ Friday, October 4th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Mongolian BBQ

Midnight

Chicken w/Rice Soup
Country Style Tomato Salad
Green & White Pasta Salad
Braised Beef Noodles

Baked Salmon
BBQ Pulled Pork
Italian Style Baked Beans
Sautee Collard Greens
Breakfast Items

Breakfast

Turkey Links
Pork Bacon
Beef Links
Creamed Beef
Pancakes
French Toast
Hash Brown Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwiches
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken w/Rice Soup
Country Style Tomato Salad
Green & White Pasta Salad
Ginger Pot Roast
Vegetable Lasagna
Baked Florentine Turkey Roulade
Italian Style Baked Beans
Jefferson Noodles
Steamed Rice
Braised Cabbage
Sautéed collard Greens w/Garlic
Dinner Rolls
Cheese Biscuits

Dinner

Zesty Bean Soup
Country Style Tomato Salad
Green & White Pasta Salad
Baked Salmon
Ground Beef Meatballs
Hot & Spicy Chicken
Crispy Potato Wedges
Steamed Rice
Brown Gravy
Southwestern Sweet Potatoes
Black- Beans & Corn
Greek Style Grilled Vegetables
Curried Cauliflower
Mixed Vegetables
Dinner Rolls
Cheese Biscuits



Proud to Serve
Cycle Day 25/ Saturday, October 5th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Southern Bar

Midnight

Clam Chowder
Macaroni Salad
Potato Salad
Stuffed Green Peppers

Egg Rolls
Baked Sweet Potato
Corn O'Brien
Breakfast Items

Breakfast

Turkey Links
Beef Bacon
Pork Patties
Creamed Beef
Pancakes
French Toasts
Hash Brown Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Clam Chowder
Macaroni Salad
Potato Salad
Pork Adobo
Turkey Chili Mac
Stuffed Green Peppers
Corn Bread Dressing
Steamed Rice
Grilled Asparagus
Sautéed Mushrooms
Fried Cauliflower
Dinner Rolls
Cornbread

Dinner

Carrot Soup
Macaroni Salad
Potato Salad
Braised Beef & Noodles
Chicken & Dumplings
Parmesan Fish
Scalloped Potatoes
Broccoli Cheese & Rice
Buttered Mashed Potatoes
Roasted Carrots w/Rosemary
Broccoli Polonaise
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 26/ Sunday, October 6th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Pasta Bar

Midnight

Zesty Bean Soup
Spinach Salad
Egg Salad
Baked Chicken

BBQ Pulled Chicken
Garlic Mashed Potatoes
Herbed Green Beans
Breakfast Items

Breakfast

Pork Links
Beef Bacon
Turkey Patties
Creamed Beef
Pancakes/French Toast
Cottage Fried Potatoes

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken Soup
Spinach Salad
Egg Salad
Chicken Cacciatore
Ratatouille
Beef Bulgogi
Sicilian Brown Rice w/Vegetable
Garlic Mashed Potato
Herbed Green Beans
Okra Mèlange
Braised Cabbage
Dinner Rolls
Cornbread

Dinner

Tomato Soup
Spinach Salad
Egg Salad
Cajun Meatloaf
Shrimp Jambalaya
Honey Ginger Chicken
Sweet Potatoes Southern Style
Steamed Rice
Boston Baked Beans
Cauliflower Au Gratin
Collard Greens
Scalloped Corn
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 27/ Monday, October 7th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Taco Bar

Midnight

Broccoli & Cheese Soup
Magellan's Potato Salad
Cole Slaw
Stir Fry Chicken & Broccoli

Turkey & spinach Meatloaf
Bean & Cheese Burrito
Roasted Pepper Potatoes
Peas w/Mushroom & Onions
Breakfast Items

Breakfast

Turkey Bacon
Beef Patties
Creamed Beef
Pancakes/French Toast
Hash Brown Patties
Eggs to Order

Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Chicken Tortilla Soup
Magellan's Potato Salad
Cole Slaw
Hot & Spicy Chicken
Creole Fish Fillets
Beef Ball Stroganoff
Lyonnais Rice
Roasted Pepper Potatoes
Peas w/Mushrooms & Onions
Broccoli
French Style Green Beans
Dinner Rolls
Cornbread

Dinner

Okra & Tomato Gumbo
Magellan's Potato Salad
Cole Slaw
Chicken A La King
Maple Ginger Glaze Salmon
Pasta Primavera
O'Brien Potatoes
Southwest Pilaf
Hacienda Corn & Black Beans
Roasted Butternut Squash
Stewed Tomatoes
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 28/ Tuesday, October 8th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Wings Bar

Midnight

Minestrone Soup	Almond Crusted Cod
Fruit Salad	Steamed Rice
Italian Style Pasta Salad	Peas & Carrots
Chicken Nuggets	Breakfast Items

Breakfast

Turkey Bacon	Egg to Order
Beef Bacon	Grits/Oatmeal
Pork Patties	Fried Rice w/ Egg
Creamed Beef	Breakfast Sandwich
Pancakes/French Toast	Krispy Kreme
Cottage Fried Potatoes	Biscuits

Lunch

Minestrone Soup
Fruit Salad
Italian Pasta Salad
Asian BBQ Turkey
Simmered Beef
Almond Crusted Cod
Steamed Rice
Quinoa Garden Pilaf
Corn
Peas & Carrots
Asparagus
Dinner Rolls
Cheese Biscuits

Dinner

Vegetable Soup
Fruit Salad
Italian Style Pasta Salad
Pork Roast Tenderloin
Baked Fish w/Lemon Garlic Butter
Chicken Parmesan
Long Grain & Wild Rice
Buttered Parsley Potatoes
Succotash
Baked Beans
Cauliflower
Roasted Carrots w/Rosemary
Dinner Rolls
Cheese Biscuits

Proud to Serve

Cycle Day 01/ Wednesday, October 9th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Curry Cuisine

Midnight

Chicken Baja Enchilada Soup
Turkey Waldorf Salad
Potato Salad
Teriyaki Chicken

Egg Rolls
Simmered Pinto Beans
Green Beans w/Mushrooms
Breakfast Items

Breakfast

Grilled Turkey Sausage Links
Pork Bacon
Pork Patties
Creamed Beef
Pancakes / French Toast
Hash Brown Potatoes Shredded

Eggs to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash brown Casserole
Krispy Kreme
Biscuits

Lunch

Chicken Enchilada Soup
Turkey Waldorf Salad
Potato Salad
Chili Mac
Basil Baked Fish
Teriyaki Chicken
Rice Pilaf
Simmered Pinto Beans
Green Beans
Oriental Stir Fry Cabbage
Black Eyed Peas
Dinner Rolls
Jalapeno Cornbread

Dinner

Tomato Soup
Turkey Waldorf Salad
Potato Salad
Pork Chop w/Pineapple Glaze
Baja Baked Cod
Vegetable Lasagna
Scalloped Potatoes
Steamed Rice
Jefferson Noodles
Broccoli Combo
Calico Corn
Garlic Sautéed Spinach
Dinner Roll
Jalapeno Cornbread

Proud to Serve

Cycle Day 02/ Thursday, October 10th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Potato Bar

Midnight

Mushroom Soup
Cucumber / Onion Salad
Tuna Salad
Ginger BBQ Chicken

Baked Pollock
Bean & Cheese Burrito
Steamed Rice
Spinach
Breakfast Items

Breakfast

Grilled Turkey Patties
Beef Bacon
Pork Links
Creamed Beef
Pancakes / French Toast
Hash Brown Patties
Broccoli Quiche

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Krispy Kreme
Biscuits

Lunch

Mushroom Bisque
Cucumber / Onion Salad
Tuna Salad
Grilled Steak
French Fried Shrimp
Lemon Basil Pasta
Garlic Roasted Potatoes
Dirty Rice
Green Bean Sesame Glaze
Sautéed Mushroom & Onions
Corn on the Cob
Dinner Rolls

Dinner

Clam Chowder Soup
Cucumber / Onion Salad
Tuna Salad
Marinated Tomatoes & Basil Pasta
Cajun Baked Fish
Sweet Chili BBQ Meatballs
Scalloped Potatoes
Brown Rice
Curried Cauliflower
Carrots on Griddle
Grilled Asparagus
Dinner Rolls

Proud to Serve

Cycle Day 03/ Friday, October 11th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar –Lunch & Dinner
Pizza Bar

Midnight

Potato w/Bacon Soup
Country Style Tomato Salad
Green & White Pasta Salad
Baked Fish

Italian Sausage
Mashed Potato
Broccoli
Breakfast Items

Breakfast

Turkey Bacon
Pork Bacon
Beef Links
Creamed Beef
Pancakes / French Toast
Cottage Fried Potato

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Krispy Kreme
Biscuits
Hash Brown Casserole

Lunch

Potato w/Bacon Soup
Country Style Tomato Salad
Green & White Pasta Salad
Dijon Baked Pork Chops
Chicken A La King
Beef Pot Pie
Red Beans & Rice
Mashed Potatoes
Broccoli
Southern Style Collard Greens
Carrots
Dinner Rolls
Cornbread

Dinner

Minestrone Soup
Country Style Tomato Salad
Green & White Pasta Salad
Hot & Spicy Chicken
Pasta Toscana
Cantonese Spareribs
Brown Rice
Crispy Potato Wedges
Roasted Brussel Sprouts
Green Beans w/ Mushroom
Cream Style Corn
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 04/ Saturday, October 12th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Southern Bar

Midnight

Corn Chowder
Zesty Rotini Pasta Salad
Fruit Medley Salad
Baked Salmon

Chicken Patties
Brown Rice w/ Tomatoes
Chicken Patties
Brussel Sprouts
Breakfast Items

Breakfast

Grilled Turkey Sausage
Beef Bacon
Pork Links
Creamed Beef
Pancakes / French Toast
Tater Tots

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast
Sandwiches
Broccoli Quiche
Biscuits

Lunch

Corn Chowder
Zesty Rotini Pasta Salad
Fruit Medley Salad
Polish Sausage
Baked Salmon
Hamburger Yakisoba
Cottage Fried Potato
Brown Rice w/Tomatoes
Sautéed Peppers & Onions
Mixed Vegetables
Summer Squash
Dinner Rolls
Cheese Biscuits

Dinner

Broccoli Cheese Soup
Zesty Rotini Pasta
Fruit Medley Salad
Roast Beef
Shrimp Scampi
Roast Turkey
Jefferson Noodles
Brown Rice Pilaf
Glazed Carrots
Corn
Cauliflower Parmesan
Brown Gravy
Dinner Rolls
Cheese Biscuits

Proud to Serve

Cycle Day 05/ Sunday, October 13th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Dinner
Pasta Bar

Midnight

Broccoli & Cheese Soup
Italian Style Pasta Salad
Egg Salad
Santa Fe Glazed Chicken

Egg Rolls
Hopping Johns Rice
Stewed Tomatoes
Breakfast Items

Breakfast

Grilled Turkey Patties
Beef Bacon
Turkey Links
Creamed Beef
French Toast / Pancakes
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Pork Fried Rice w/ Egg
Hash Brown Casserole
Breakfast Burrito
Krispy Kreme
Biscuits

COLUMBUS DAY

Broccoli Cheese & Soup
Italian Style Pasta Salad
Egg Salad
Italian Broccoli Pasta
Roast Beef
Baked Chicken
Roasted Redskin Potatoes
Spicy Brown Rice Pilaf
Corn Combo
Garlic Peas
Spinach
Dinner Rolls
Cornbread

Dinner

Zesty Bean Soup
Italian Style Pasta Salad
Egg Salad
Salmon w/Maple Ginger Glaze
Pork Adobo
Pasta Primavera
Garlic Mashed Potatoes
Lyonnais Rice
Garlic Sautéed Spinach
Mixed Vegetables
Fried Okra
Chicken Gravy
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 06/ Monday, October 14th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Taco Bar

Midnight

Vegetable Soup
Magellan's Potato Salad
Cole Slaw
Mr. Z's Baked Chicken

Bean & Cheese Burrito
Roasted Pepper Potatoes
Succotash
Breakfast Items

Breakfast

Turkey Bacon
Beef Patties
Creamed Beef
French Toast / Pancakes
Hash Brown Patties
Eggs to Order

Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken Tortilla Soup
Magellan's Potato Salad
Cole Slaw
Cajun Baked Fish
Ginger Pot Roast
Bourbon Chicken
Glazed Sweet Potatoes
Steamed Rice
Roasted Carrots w/Rosemary
Japanese Stir Fry Vegetables
Succotash
Dinner Rolls
Jalapeno Cornbread

Dinner

Vegetable Soup
Magellan's Potato Salad
Cole Slaw
Beef Pot Pie
Lemon Baked Fish
Teriyaki Baked Chicken
Buttered Egg Noodles
Southwestern Rice
Cream Style Corn
Broccoli Combo
Olive Oil Braised Carrots
Dinner Rolls
Jalapeno Cornbread

Proud to Serve

Cycle Day 07/ Tuesday, October 15th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Wings Bar

Midnight

Chicken Noodle Soup
Fruit Salad
Pasta Salad
Jerk Roast Turkey

BBQ Pulled Pork
Islanders Rice
French Style Green Beans
Breakfast Items

Breakfast

Turkey Links
Beef Bacon
Beef Patties
Creamed Beef
Pancakes/French Toast
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Hash Brown Casserole
Breakfast Burritos
Krispy Kreme
Biscuits

Lunch

Chicken Noodle Soup
Fruit Salad
Pasta Salad
Caribbean Catfish
Jerk Roast Turkey
Vegetarian Lasagna
Baked Potato Halves
Islanders Rice
Turkey Gravy
Corn Combo
Garlic Peas
French Style Green Beans
Dinner Rolls
Cheese Biscuits

Dinner

Mushroom Soup
Fruit Salad
Pasta Salad
Pork BBQ Spareribs
Beef Stew
Chinese 5 Spiced Chicken
Rice Pilaf
Roasted Pepper Potatoes
Asparagus
Cauliflower
Cream Style Corn
Dinner Rolls
Cheese Biscuits

Proud to Serve

Cycle Day 08/ Wednesday, October 16th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Curry Cuisine

Midnight

Ham & Bean Soup
Turkey Waldorf
Potato Salad
Meat Loaf

Bratwurst
Mashed Potatoes
Carrots
Breakfast Items

Breakfast

Grilled Turkey Patties
Pork Bacon
Turkey Bacon
Creamed Beef
French Toast / Pancakes
Hash Brown Potatoes Shredded

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken Tortilla Soup
Turkey Waldorf
Potato Salad
Basil Baked Fish
Baked Spaghetti
BBQ Chicken
Baked Mac & Cheese
Steamed Rice
Mashed Potatoes
Black Eyed Peas
Carrots
Corn on the Cob
Dinner Rolls
Cornbread

Dinner

Tomato Soup
Turkey Waldorf
Potato Salad
BBQ Beef Cubes
Southwestern Fish
Chicken w/ Dumplings
Mexican Rice
Spanish Style beans
Peas
Succotash
Spinach
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 09/ Thursday, October 17th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Potato Bar

Midnight

Bean Soup
Cucumber / Onion Salad
Tuna Salad
Lemon Pepper Pollock

Egg Rolls
Roasted Redskin Potatoes
Grilled Asparagus
Breakfast Items

Breakfast

Beef Bacon
Turkey Bacon
Pork Patties
Creamed Beef
Waffles
French Toast / Pancakes
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Bean Soup
Cucumber / Onion Salad
Tuna Salad
French Fried Shrimp
Zesty Pork Chops
Grilled Steak
Garlic Mashed Potatoes
Barley Pilaf
Brown Gravy
Sautéed Mushrooms & Onions
Grilled Asparagus
Broccoli Polonaise
Dinner Rolls

Dinner

Clam Chowder
Cucumber / Onion Salad
Tuna Salad
Pork BBQ Spareribs
Boneless Roast Turkey
Mediterranean Salmon
Brown Rice
Scalloped Potatoes
Braised Cabbage
Green Beans w/Feta
Turkey Gravy
Dinner Rolls

Proud to Serve

Cycle Day 10/ Friday, October 18th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Mongolian BBQ

Midnight

Minestrone Soup
Country Style Tomato Salad
Green & White Pasta Salad
Grilled Salmon w/Citrus Butter

Italian Sausage
Spicy Brown Rice Pilaf
Corn
Breakfast Items

Breakfast

Turkey Links
Pork Bacon
Pork Links
Creamed Beef
French Toast
Pancakes
Hash Brown Patties

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwiches
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Minestrone Soup
Country Style Tomato Salad
Green & White Pasta Salad
Honey Ginger Chicken
Grilled Salmon w/Citrus Butter
Yakisoba Beef
Sweet Potatoes Southern Style
Spicy Brown Rice Pilaf
Southern Style Collard Greens
Corn
Stewed Tomatoes
Dinner Rolls
Cheese Biscuits

Dinner

Potato Soup
Country Style Tomato Salad
Green & White Pasta Salad
Swedish Turkey Meatballs
Roast Beef
Parmesan Crusted Cod
Garlic Mashed Potatoes
Steamed Rice
Buttered Egg Noodles
Summer Squash
Carrots
Corn Combo
Brown Gravy
Dinner Rolls
Cheese Biscuits

Proud to Serve

Cycle Day 11/ Saturday, October 19th

**** Menu Subject to Change Without Notice ****



DFAC Menu

Daily Specials

Specialty Bar – Dinner
Southern Bar

Midnight

Potato w/Bacon Soup
Macaroni Salad
Chickpea Salad w/Garlic Cumin
Herbed Baked Chicken

Jalapeno Poppers
Oven Browned Potatoes
Cauliflower Au Gratin
Breakfast Items

Breakfast

Turkey Links
Beef Bacon
Turkey Patties
Creamed Beef
French Toast
Pancakes
Tater Tots

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Cottage Fried Potatoes
Krispy Kreme
Biscuits

Lunch

Potato w/Bacon Soup
Macaroni Salad
Chickpea Salad w/Garlic Cumin
Chicken Florentine
Chili Mac
Baked Pork Chops
Savory Style Beans
Rice Pilaf
Cauliflower Au Gratin
Carrots on the Griddle
Broccoli
Brown Gravy
Dinner Roll
Cornbread

Dinner

French Onion Soup
Macaroni Salad
Chickpea Salad w/Garlic Cumin
Vindaloo Pork
Savory Baked Chicken
Maple Ginger Glazed Salmon
Brown Rice w/Vegetable
Sicilian
Scalloped Potatoes
Garlic Sautéed Spinach
Mixed Vegetables
Green Beans w/Mushrooms
Chicken Gravy
Dinner Rolls
Cornbread



Proud to Serve

Cycle Day 12/ Sunday, October 20th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Pasta Bar

Midnight

Chicken w/Rice Soup
Egg Salad
Country Style Tomato Salad
Pork Adobo

BBQ Pulled Chicken
Buttered Parsley Potatoes
Herbed Green Beans
Breakfast Items

Breakfast

Turkey Bacon
Beef Bacon
Pork Links
Creamed Beef
Pancakes / French Toast
Cottage Fried Potatoes

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken w/ Rice Soup
Egg Salad
Country Style Tomato Salad
Roast Turkey
Hot & Spicy Chicken
Pineapple BBQ Meatballs
Buttered Parsley Potatoes
Harvest Blend Rice
Herbed Green Beans
Succotash
Dinner Rolls
Cheese Biscuits

Dinner

Beef & Noodle Soup
Egg Salad
Country Style Tomato Salad
Beef Stir Fry
Baked Fish w/Lemon Garlic Butter
Mr. Z's Baked Chicken
Buttered Egg Noodles
Steamed Rice
Lyonnais Potatoes
Japanese Stir Fry Vegetables
Fried Cauliflower
Glazed Carrots
Dinner Rolls
Cheese Biscuits

Proud to Serve

Cycle Day 13/ Monday, October 21st



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Taco Bar

Midnight

Clam Chowder
Caesar Salad
Three Bean Salad
Boneless Roast Turkey

Chicken Nuggets
Buttered Egg Noodles
Cauliflower Combo
Breakfast Items

Breakfast

Turkey Links
Beef Patties
Creamed Beef
French Toast
Pancakes
Hash Brown Patties

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Chicken Tortilla Soup
Caesar Salad
Three Bean Salad
Orange & Rosemary Honey Glazed Pork Chop
Shrimp Jambalaya
Chicken Cacciatore Qtrs.
Boston Baked Beans
Steamed Rice
Glazed Sweet Potatoes
Carrots
Peas w/Mushroom & Onion
Cauliflower Combo
Dinner Roll
Jalapeno Cornbread

Dinner

Clam Chowder
Caesar Salad
Three Bean Salad
BBQ Chicken Quarters
Stuffed Green Peppers
Cajun Baked Fish
Simmered Pinto Beans
Hopping John Rice
Corn
Green Bean Sesame Glaze
Broccoli
Jalapeno Cornbread
Dinner Roll

Proud to Serve

Cycle Day 14/ Tuesday, October 22nd



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Wings Bar

Midnight

Pot Roast Soup
Fruit Salad
Zesty Rotini Pasta Salad
Grilled Steak

Italian Sausage
Steamed Rice
Cream Style Corn
Breakfast Items

Breakfast

Turkey Links
Beef Bacon
Turkey Patties
Creamed Beef
Waffles
French Toast
Pancakes
Tater Tots

Egg to Order
Grits/Oatmeal
Fried Rice w/Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Assorted Muffins

Lunch

Pot Roast Soup
Fruit Salad
Zesty Rotini Pasta Salad
Lemon Pepper Baked Chicken
Pork Adobo
Basil Pasta
Garlic Mashed Potatoes
Red Beans & Rice
Brussel Sprouts
Cream Style Corn
Roasted Butternut Squash
Dinner Rolls
Cornbread

Dinner

Potato Soup
Fruit Salad
Zesty Rotini Pasta Salad
Turkey & Spinach Meatloaf
Beef & Corn Pie
Chicken Florentine
Long Grain & Wild Rice
Buttered Egg Noodles
Herbed Green Beans
Japanese Stir Fry Vegetables
Grilled Asparagus
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 15/ Wednesday, October 23rd



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Curry Cuisine

Chicken Baja Enchilada Soup
Macaroni Tuna Salad
Turkey Waldorf Salad
Tuna Noodles

Midnight

Egg Rolls
Roasted Redskin Potatoes
Mexican Corn
Breakfast Items

Breakfast

Turkey Bacon
Pork Bacon
Beef Patties
Creamed Beef
Pancakes
French Toast
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Chicken Baja Enchilada Soup
Macaroni Tuna Salad
Turkey Waldorf Salad
BBQ Beef Cubes
Chinese Five Spice Chicken
Tuna Noodles
Au Gratin Potatoes
Harvest Blend Rice
Braised Cabbage
Calico Corn
Country Style Vegetable
Dinner Rolls
Cornbread

Dinner

Tomato Soup
Macaroni Tuna Salad
Turkey Waldorf Salad
Teriyaki Chicken
Sweet & Spicy Orange Salmon
Ground Turkey Meatball
Brown Rice
Garlic Mashed Potatoes
Peas & Carrots
Green Beans w/Mushrooms
Broccoli
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 16/ Thursday, October 24th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Potato Bar

Midnight

Potato-Soup
Tuna Salad
Italian Style Pasta Salad
Onion/Lemon Baked Fish

Bratwurst
Rice Pilaf
Carrots
Cottage Fried Potatoes
Breakfast Items

Breakfast

Turkey Links
Beef Bacon
Pork Links
Creamed Beef
French Toast
Pancakes
Cottage Fried Potatoes

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Vegetable Soup
Tuna Salad
Italian Style Pasta Salad
Grilled Steak
French Fried Shrimp
Mambo Pork Roast
Spinach Stew
Orzo w/ Spinach & Tomato
Quinoa Garden Pilaf
Steamed Rice
Braised Cabbage
Savory Summer Squash
Broccoli Polonaise
Dinner Rolls
Cheese Biscuits

Dinner

Clam Chowder
Tuna Salad
Italian Style Pasta Salad
Creole Fish Fillet
Hamburger Yakisoba
BBQ Chicken
Dirty Rice
Lyonnais Potatoes
Roasted Brussel Sprouts
Hacienda Corn & Black Beans
French Style Peas
Dinner Rolls
Cheese Biscuits

Proud to Serve

Cycle Day 17/ Friday, October 25th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Pizza Bar

Midnight

Beef & Noodle Soup
Country Style Tomato Salad
Chickpea Salad w/Garlic Cumin
Pineapple BBQ Meatballs

Grilled Salmon
Baked Beans
Islanders Rice
French Style Green beans
Breakfast Items

Breakfast

Pork Patties
Pork Bacon
Turkey Patties
Creamed Beef
Waffles
French Toast
Pancakes
Hash Brown Patties

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Asst. Muffins
Krispy Kreme
Cottage Fried Potatoes

Lunch

Beef & Noodle Soup
Country Style Tomato Salad
Chickpea Salad w/Garlic Cumin
Boneless Roast Turkey
Marinated Tomatoes w/Rotini & Basil
Meatballs
O'Brien Potatoes
Islanders Rice
Curried Cauliflower
Vegetable Medley
Glazed Carrots
Dinner Rolls
Cornbread

Dinner

Chicken Noodle Soup
Country Style Tomato Salad
Chickpea Salad w/Garlic Cumin
Turkey & Spinach Meatloaf
Chicken A La King
Maple Ginger Glaze Salmon
Sweet Potato Casserole
Steamed Rice
Jefferson Noodles
Grilled Asparagus
Herbed Green Beans
Black Eyed Peas
Broccoli Combo
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 18/ Saturday, October 26th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Southern Bar

Midnight

Tomato Soup
Zesty Rotini Pasta
Fruit Salad
Stuffed Green Peppers

Bean & Cheese Burrito
Simmered Pinto Beans
Succotash
Breakfast Items

Breakfast

Turkey Bacon
Beef Bacon
Pork Patties
Creamed Beef
French Toast
Pancakes
Hash Brown Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwiches
Broccoli Quiche
Asst. Muffins
Krispy Kreme
Biscuits

Lunch

Zesty Bean Soup
Zesty Rotini Pasta Salad
Fruit Salad
Swiss Steak w/Brown Gravy
Stuffed Green Peppers
Tuna Noodles
Brown Rice w/Tomatoes
Peas
Succotash
Mediterranean Grilled Vegetables
Dinner Rolls
Cornbread

Dinner

Shrimp Gumbo
Zesty Rotini Pasta Salad
Fruit Salad
Meat Lasagna
Chicken Cacciatore
Italian Broccoli Pasta
Harvest Blend Rice
Franconia Potatoes
Scalloped Corn
Herbed Green Beans
Roasted Butternut Squash
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 19/ Sunday, October 27th



**** Menu Subject to Change Without Notice ****

DFAC

Menu

Vegetable Soup
Carrot Salad
Egg Salad
Grilled Honey Siracha Chicken

Midnight

Daily Specials

Specialty Bar - Lunch & Dinner
Pasta Bar

Egg Rolls
Steamed Rice
Cottage Fried Potatoes
Corn Combo

Breakfast

Turkey Links
Beef Bacon
Pork Links
Creamed Beef
French Toast
Pancakes
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash brown Casserole
Asst. Muffins
Krispy Kreme
Biscuits

Lunch

Vegetable Soup
Carrot Salad
Egg Salad
Grilled Honey Siracha Chicken
Turkey Chili Mac
Roast Rib of Beef
Baked Potato
Steamed Rice
Oriental Stir Fry Cabbage
Corn Combo
Dinner Roll
Cheese Biscuit

Dinner

Mushroom Soup
Carrot Salad
Egg Salad
Jamaican Chicken
Turkey Chili Mac
Salisbury Grilled Salmon
Baked Beans
Brown Rice
Peas w/Mushroom & Onion
Green Bean Sesame Glaze
Southern Style Collard Greens
Corn Combo
Dinner Roll
Cheese Biscuit

Proud to Serve

Cycle Day 20/ Monday, October 28th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Taco Bar

Midnight

Broccoli & Cheese Soup
Italian Pasta Salad
Caesar Salad
Fish w/ SW Salsa

Chicken Nuggets
Parmesan Rice
Peas
Breakfast Items

Breakfast

Turkey Patties
Beef Links
Creamed Beef
Pancakes
French Toast
Hash Brown Patties
Eggs to Order

Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Chicken Tortilla Soup
Italian Pasta Salad
Caesar Salad
Baked Chicken
Caribbean Catfish
Roast Pork Tenderloin
Parmesan Rice
Roasted Cauliflower
Carrots on the Griddle
Mixed Vegetables
Dinner Rolls
Jalapeno Cornbread

Dinner

Midwestern Tomato & Rice Soup
Italian Pasta Salad
Caesar Salad
Swedish Meatballs
Polynesian Fillet
Turkey & Spinach Meatloaf
Rissolle Potatoes
Oriental Rice
Carrots
Broccoli
Cauliflower Combo
Dinner Rolls
Jalapeno Cornbread

Proud to Serve

Cycle Day 21/ Tuesday, October 29th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Wings Bar

Midnight

Ham & Bean Soup
Carrot Salad
Fruit Medley Salad
Baked Fish w/Lemon Garlic Butter

Turkey Spinach Meatloaf
Italian Sausage
Brown Rice
Calico Corn
Breakfast Items

Breakfast

Turkey Bacon
Beef Bacon
Pork Patties
Creamed Beef
Pancakes
French Toast
Tater Tots

Egg to Order
Grits/ Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Biscuits
Krispy Kreme

Lunch

Ham & Bean Soup
Carrot Salad
Fruit Medley Salad
Beef Pot Pie
Chicken Parmesan
Baked Fish w/Lemon Garlic Butter
Garlic Mashed Potatoes
Cilantro Brown Rice
Calico Corn
Roasted Butternut Squash
Spinach
Dinner Rolls
Cornbread

Dinner

Cream of Potato Soup
Carrot Salad
Fruit Medley Salad
Jerk Roast Turkey
Pineapple BBQ Meatballs
Savory Baked Chicken
Long Grain Harvest Rice
Glazed Sweet Potatoes
Stewed Tomatoes
Broccoli Polonaise
Corn on the Cob
Dinner Rolls
Cornbread

Proud to Serve

Cycle Day 22/ Wednesday, October 30th



**** Menu Subject to Change Without Notice ****

DFAC Menu

Daily Specials

Specialty Bar – Lunch & Dinner
Curry Cuisine

Midnight

Corn Chowder
Fruit Salad
Turkey Waldorf Salad
Roast Pork Tenderloin

Chicken Patties
Mashed Potatoes
Carrots
Breakfast Items

Breakfast

Turkey Links
Pork Bacon
Pork Links
Pancakes
French Toast
Hash Brown Patties
Eggs to Order

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwiches
Broccoli Quiche
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Corn Chowder
Fruit Salad
Turkey Waldorf Salad
Cajun Salmon
Baked Spaghetti
Honey Ginger Chicken
Jefferson Noodles
Mashed Potatoes
Steamed Rice
Cauliflower
Cajun Style Vegetables
Broccoli Parmesan
Dinner Rolls
Cheese Biscuits

Dinner

Carrot Soup
Fruit Salad
Turkey Waldorf Salad
Salisbury Steak
Baked Mexican Chicken
Baked Ham
Spicy Brown Rice Pilaf
Hacienda Potatoes
Roasted Butternut Squash
Corn Combo
Green Beans
Dinner Rolls
Cheese Biscuits

Proud to Serve

Cycle Day 23/ Thursday, October 31st



**** Menu Subject to Change Without Notice ****