Daily Specials

Specialty Bar – Lunch & Dinner Taco Bar

Midnight

Broccoli & Cheese Soup Italian Pasta Salad Caesar Salad Fish w/ SW Salsa

Chicken Nuggets
Parmesan Rice
Peas
Breakfast Items

<u>Breakfast</u>

Turkey Patties

Beef Links
Creamed Beef
Pancakes
French Toast
Hash Brown Patties
Eggs to Order

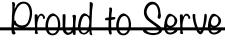
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Chicken Tortilla Soup
Italian Pasta Salad
Caesar Salad
Baked Chicken
Caribbean Catfish
Roast Pork Tenderloin
Parmesan Rice
Roasted Cauliflower
Carrots on the Griddle
Mixed Vegetables
Dinner Rolls
Jalapeno Cornbread

Dinner

Midwestern Tomato & Rice Soup
Italian Pasta Salad
Caesar Salad
Swedish Meatballs
Polynesian Fillet
Turkey & Spinach Meatloaf
Rissole Potatoes
Oriental Rice
Carrots
Broccoli
Cauliflower Combo
Dinner Rolls
Jalapeno Cornbread



Cycle Day 21/ Tuesday, October 1st





Daily Specials

Specialty Bar - Lunch & Dinner Wings Bar

Ham & Bean Soup Carrot Salad Fruit Medley Salad Baked Fish w/Lemon Garlic Butter

Midnight Turkey Spinach Meatloaf Italian Sausage **Brown Rice** Calico Corn **Breakfast Items**

<u>Breakfast</u>

Turkey Bacon **Beef Bacon Pork Patties** Creamed Beef **Pancakes** French Toast **Tater Tots**

Egg to Order Grits/ Oatmeal Fried Rice w/ Egg **Breakfast Burritos** Hash Brown Casserole **Biscuits** Krispy Kreme

<u>Lunch</u>

Ham & Bean Soup Carrot Salad Fruit Medley Salad Beef Pot Pie Chicken Parmesan Baked Fish w/Lemon Garlic Butter Garlic Mashed Potatoes Cilantro Brown Rice Calico Corn Roasted Butternut Squash Spinach **Dinner Rolls** Cornbread

<u>Dinner</u>

Cream of Potato Soup Carrot Salad Fruit Medley Salad Jerk Roast Turkey Pineapple BBQ Meatballs Savory Baked Chicken Long Grain Harvest Rice Glazed Sweet Potatoes Stewed Tomatoes Broccoli Polonaise Corn on the Cob **Dinner Rolls** Cornbread

Proud to Serve



Cycle Day 22/ Wednesday, October 2nd



Daily Specials

Specialty Bar – Lunch & Dinner Curry Cuisine

Midnight

Corn Chowder
Fruit Salad
Turkey Waldorf Salad
Roast Pork Tenderloin

Chicken Patties
Mashed Potatoes
Carrots
Breakfast Items

Breakfast

Turkey Links
Pork Bacon
Pork Links
Pancakes
French Toast
Hash Brown Patties
Eggs to Order

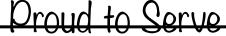
Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwiches
Broccoli Quiche
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Corn Chowder
Fruit Salad
Turkey Waldorf Salad
Cajun Salmon
Baked Spaghetti
Honey Ginger Chicken
Jefferson Noodles
Mashed Potatoes
Steamed Rice
Cauliflower
Cajun Style Vegetables
Broccoli Parmesan
Dinner Rolls
Cheese Biscuits

<u>Dinner</u>

Carrot Soup
Fruit Salad
Turkey Waldorf Salad
Salisbury Steak
Baked Mexican Chicken
Baked Ham
Spicy Brown Rice Pilaf
Hacienda Potatoes
Roasted Butternut Squash
Corn Combo
Green Beans
Dinner Rolls
Cheese Biscuits



Cycle Day 23/ Thursday, October 3rd





Daily Specials

Specialty Bar – Lunch & Dinner Potato Bar

Midnight

Chicken Gumbo Tuna Salad Cole Slaw Salad Cajun Meatloaf Parmesan Fish
Italian Sausage
Red Beans & Rice
Corn on the Cob
Breakfast Items

Breakfast

Beef Bacon
Pork Patties
Turkey Patties
Creamed Beef
Waffles
Pancakes/French Toast
Cottage Fried Potatoes

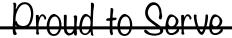
Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash brown Casserole
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Chicken Gumbo
Tuna Salad
Cole Slaw
Grilled Pork
French Fried Shrimp
Grilled Steak
Red Beans & Rice
Au Gratin Potatoes
Corn on the Cob
Roasted Brussel Sprouts
Peas w/Onions
Dinner Rolls
Cornbread

Dinner

French Onion Soup
Tuna Salad
Cole Slaw
Creole Fish Fillet
Simmered Beef
Boneless Roast Turkey
Dirty Rice
Mashed Potatoes
Carrots on the Griddle
Okra Mélange
Green Beans w/Feta
Cornbread
Dinner Rolls



Cycle Day 24/ Friday, October 4th





<u>Daily Specials</u>

Specialty Bar – Lunch & Dinner Mongolian BBQ

Midnight

Chicken w/Rice Soup Country Style Tomato Salad Green & White Pasta Salad **Braised Beef Noodles**

Baked Salmon **BBQ** Pulled Pork Italian Style Baked Beans Sautee Collard Greens Breakfast Items

Turkey Links Pork Bacon Beef Links **Creamed Beef Pancakes** French Toast Hash Brown Potatoes

Egg to Order Grits/Oatmeal Fried Rice w/ Egg **Breakfast Sandwiches** Broccoli Quiche Krispy Kreme **Biscuits**

<u>Lunch</u>

Chicken w/Rice Soup Country Style Tomato Salad Green & White Pasta Salad **Ginger Pot Roast** Vegetable Lasagna Baked Florentine Turkey Roulade Italian Style Baked Beans Jefferson Noodles

Zesty Bean Soup Country Style Tomato Salad Green & White Pasta Salad **Baked Salmon Ground Beef Meatballs** Hot & Spicy Chicken **Crispy Potato Wedges** Steamed Rice Brown Gravy

Cheese Biscuits

<u>Dinner</u>

Steamed Rice Southwestern Sweet Potatoes Black- Beans & Corn **Greek Style Grilled Vegetables Braised Cabbage** Sautéed collard Greens w/Garlic **Curried Cauliflower Dinner Rolls** Mixed Vegetables **Cheese Biscuits Dinner Rolls**



Cycle Day 25/ Saturday, October 5th



Daily Specials

Specialty Bar – Lunch & Dinner Southern Bar

Midnight

Clam Chowder
Macaroni Salad
Potato Salad
Stuffed Green Peppers

Egg Rolls
Baked Sweet Potato
Corn O'Brien
Breakfast Items

Breakfast

Turkey Links
Beef Bacon
Pork Patties
Creamed Beef
Pancakes
French Toasts
Hash Brown Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Clam Chowder
Macaroni Salad
Potato Salad
Pork Adobo
Turkey Chili Mac
Stuffed Green Peppers
Corn Bread Dressing
Steamed Rice
Grilled Asparagus
Sautéed Mushrooms
Fried Cauliflower
Dinner Rolls
Cornbread

<u>Dinner</u>

Carrot Soup
Macaroni Salad
Potato Salad
Braised Beef & Noodles
Chicken & Dumplings
Parmesan Fish
Scalloped Potatoes
Broccoli Cheese & Rice
Buttered Mashed Potatoes
Roasted Carrots w/Rosemary
Broccoli Polonaise
Dinner Rolls
Cornbread

Proud to Serve



Cycle Day 26/ Sunday, October 6th



Daily Specials

Specialty Bar – Lunch & Dinner Pasta Bar

<u>Midnight</u>

Zesty Bean Soup Spinach Salad Egg Salad Baked Chicken

BBQ Pulled Chicken Garlic Mashed Potatoes Herbed Green Beans Breakfast Items

Breakfast

Pork Links
Beef Bacon
Turkey Patties
Creamed Beef
Pancakes/French Toast
Cottage Fried Potatoes

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken Soup
Spinach Salad
Egg Salad
Chicken Cacciatore
Ratatouille
Beef Bulgogi
Sicilian Brown Rice w/Vegetable
Garlic Mashed Potato
Herbed Green Beans
Okra Mélange
Braised Cabbage
Dinner Rolls
Cornbread

<u>Dinner</u>

Tomato Soup
Spinach Salad
Egg Salad
Cajun Meatloaf
Shrimp Jambalaya
Honey Ginger Chicken
Sweet Potatoes Southern Style
Steamed Rice
Boston Baked Beans
Cauliflower Au Gratin
Collard Greens
Scalloped Corn
Dinner Rolls
Cornbread

Proud to Serve



Cycle Day 27/ Monday, October 7th



Daily Specials

Specialty Bar – Lunch & Dinner Taco Bar

<u>Midnight</u>

Broccoli & Cheese Soup Magellan's Potato Salad Cole Slaw
Stir Fry Chicken & Broccoli

Turkey & spinach Meatloaf
Bean & Cheese Burrito
Roasted Pepper Potatoes
Peas w/Mushroom & Onions
Breakfast Items

Breakfast

Turkey Bacon
Beef Patties
Creamed Beef
Pancakes/French Toast
Hash Brown Patties
Eggs to Order

Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Chicken Tortilla Soup
Magellan's Potato Salad
Cole Slaw
Hot & Spicy Chicken
Creole Fish Fillets
Beef Ball Stroganoff
Lyonnais Rice
Roasted Pepper Potatoes
Peas w/Mushrooms & Onions
Broccoli
French Style Green Beans
Dinner Rolls
Cornbread

<u>Dinner</u>

Okra & Tomato Gumbo
Magellan's Potato Salad
Cole Slaw
Chicken A La King
Maple Ginger Glaze Salmon
Pasta Primavera
O'Brien Potatoes
Southwest Pilaf
Hacienda Corn & Black Beans
Roasted Butternut Squash
Stewed Tomatoes
Dinner Rolls
Cornbread

Proud to Serve



Cycle Day 28/ Tuesday, October 8th



Daily Specials

Specialty Bar – Lunch & Dinner Wings Bar

Midnight

Minestrone Soup Fruit Salad Italian Style Pasta Salad Chicken Nuggets Almond Crusted Cod Steamed Rice Peas & Carrots Breakfast Items

Breakfast

Turkey Bacon
Beef Bacon
Pork Patties
Creamed Beef
Pancakes/French Toast
Cottage Fried Potatoes

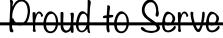
Egg to Order Grits/Oatmeal Fried Rice w/ Egg Breakfast Sandwich Krispy Kreme Biscuits

<u>Lunch</u>

Minestrone Soup
Fruit Salad
Italian Pasta Salad
Asian BBQ Turkey
Simmered Beef
Almond Crusted Cod
Steamed Rice
Quinoa Garden Pilaf
Corn
Peas & Carrots
Asparagus
Dinner Rolls
Cheese Biscuits

Dinner

Vegetable Soup
Fruit Salad
Italian Style Pasta Salad
Pork Roast Tenderloin
Baked Fish w/Lemon Garlic Butter
Chicken Parmesan
Long Grain & Wild Rice
Buttered Parsley Potatoes
Succotash
Baked Beans
Cauliflower
Roasted Carrots w/Rosemary
Dinner Rolls
Cheese Biscuits



Cycle Day 01/ Wednesday, October 9th





Daily Specials

Specialty Bar – Lunch & Dinner Curry Cuisine

Midnight

Chicken Baja Enchilada Soup Turkey Waldorf Salad Potato Salad Teriyaki Chicken

Egg Rolls
Simmered Pinto Beans
Green Beans w/Mushrooms
Breakfast Items

Breakfast

Grilled Turkey Sausage Links
Pork Bacon
Pork Patties
Creamed Beef
Pancakes / French Toast
Hash Brown Potatoes Shredded

Eggs to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash brown Casserole
Krispy Kreme
Biscuits

<u>Lunch</u>

Chicken Enchilada Soup
Turkey Waldorf Salad
Potato Salad
Chili Mac
Basil Baked Fish
Teriyaki Chicken
Rice Pilaf
Simmered Pinto Beans
Green Beans
Oriental Stir Fry Cabbage
Black Eyed Peas
Dinner Rolls
Jalapeno Cornbread

<u>Dinner</u>

Tomato Soup
Turkey Waldorf Salad
Potato Salad
Pork Chop w/Pineapple Glaze
Baja Baked Cod
Vegetable Lasagna
Scalloped Potatoes
Steamed Rice
Jefferson Noodles
Broccoli Combo
Calico Corn
Garlic Sautéed Spinach
Dinner Roll
Jalapeno Cornbread

Proud to Serve



Cycle Day 02/ Thursday, October 10th



<u>Daily Specials</u>

Specialty Bar – Lunch & Dinner Potato Bar

<u>Midnight</u>

Mushroom Soup Cucumber / Onion Salad Tuna Salad Ginger BBQ Chicken

Baked Pollock Bean & Cheese Burrito Steamed Rice Spinach Breakfast Items

Grilled Turkey Patties Beef Bacon Pork Links **Creamed Beef** Pancakes / French Toast Hash Brown Patties Broccoli Quiche

Egg to Order Grits / Oatmeal Fried Rice w/ Egg **Breakfast Sandwich** Krispy Kreme **Biscuits**

<u>Lunch</u>

Mushroom Bisque Cucumber / Onion Salad Tuna Salad **Grilled Steak** French Fried Shrimp Lemon Basil Pasta **Garlic Roasted Potatoes Dirty Rice** Green Bean Sesame Glaze Sautéed Mushroom & Onions Corn on the Cob Dinner Rolls

Dinner

Clam Chowder Soup Cucumber / Onion Salad Tuna Salad Marinated Tomatoes & Basil Pasta Cajun Baked Fish Sweet Chili BBQ Meatballs Scalloped Potatoes **Brown Rice Curried Cauliflower** Carrots on Griddle **Grilled Asparagus** Dinner Rolls

Proud to Serve



Cycle Day 03/ Friday, October 11th



Daily Specials

Specialty Bar –Lunch & Dinner Pizza Bar

Midnight

Potato w/Bacon Soup Country Style Tomato Salad Green & White Pasta Salad Baked Fish Italian Sausage Mashed Potato Broccoli Breakfast Items

<u>Breakfast</u>

Turkey Bacon
Pork Bacon
Beef Links
Creamed Beef
Pancakes / French Toast
Cottage Fried Potato

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Krispy Kreme
Biscuits
Hash Brown Casserole

Lunch

Potato w/Bacon Soup
Country Style Tomato Salad
Green & White Pasta Salad
Dijon Baked Pork Chops
Chicken A La King
Beef Pot Pie
Red Beans & Rice
Mashed Potatoes
Broccoli
Southern Style Collard Greens
Carrots
Dinner Rolls
Cornbread

<u>Dinner</u>

Minestrone Soup
Country Style Tomato Salad
Green & White Pasta Salad
Hot & Spicy Chicken
Pasta Toscana
Cantonese Spareribs
Brown Rice
Crispy Potato Wedges
Roasted Brussel Sprouts
Green Beans w/ Mushroom
Cream Style Corn
Dinner Rolls
Cornbread

Proud to Serve



Cycle Day 04/ Saturday, October 12th



Daily Specials

Specialty Bar – Lunch & Dinner Southern Bar

Midnight

Corn Chowder
Zesty Rotini Pasta Salad
Fruit Medley Salad
Baked Salmon

Chicken Patties
Brown Rice w/ Tomatoes
Chicken Patties
Brussel Sprouts
Breakfast Items

Breakfast

Grilled Turkey Sausage
Beef Bacon
Pork Links
Creamed Beef
Pancakes / French Toast
Tater Tots

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast
Sandwiches
Broccoli Quiche
Biscuits

<u>Lunch</u>

Corn Chowder
Zesty Rotini Pasta Salad
Fruit Medley Salad
Polish Sausage
Baked Salmon
Hamburger Yakisoba
Cottage Fried Potato
Brown Rice w/Tomatoes
Sautéed Peppers & Onions
Mixed Vegetables
Summer Squash
Dinner Rolls
Cheese Biscuits

<u>Dinner</u>

Broccoli Cheese Soup
Zesty Rotini Pasta
Fruit Medley Salad
Roast Beef
Shrimp Scampi
Roast Turkey
Jefferson Noodles
Brown Rice Pilaf
Glazed Carrots
Corn
Cauliflower Parmesan
Brown Gravy
Dinner Rolls
Cheese Biscuits

Proud to Serve

A STREET OF THE SECONDARY SECONDARY

Cycle Day 05/ Sunday, October 13th



Daily Specials

Specialty Bar – Dinner Pasta Bar

Midnight

Broccoli & Cheese Soup Italian Style Pasta Salad Egg Salad Santa Fe Glazed Chicken

Egg Rolls
Hopping Johns Rice
Stewed Tomatoes
Breakfast Items

Breakfast

Grilled Turkey Patties
Beef Bacon
Turkey Links
Creamed Beef
French Toast / Pancakes
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Pork Fried Rice w/ Egg
Hash Brown Casserole
Breakfast Burrito
Krispy Kreme
Biscuits

COLUMBUS DAY

Broccoli Cheese & Soup
Italian Style Pasta Salad
Egg Salad
Italian Broccoli Pasta
Roast Beef
Baked Chicken
Roasted Redskin Potatoes
Spicy Brown Rice Pilaf
Corn Combo
Garlic Peas
Spinach
Dinner Rolls
Cornbread

<u>Dinner</u>

Zesty Bean Soup
Italian Style Pasta Salad
Egg Salad
Salmon w/Maple Ginger Glaze
Pork Adobo
Pasta Primavera
Garlic Mashed Potatoes
Lyonnais Rice
Garlic Sautéed Spinach
Mixed Vegetables
Fried Okra
Chicken Gravy
Dinner Rolls
Cornbread



Proud to Serve

Cycle Day 06/ Monday, October 14th



Daily Specials

Specialty Bar – Lunch & Dinner Taco Bar

Midnight

Vegetable Soup
Magellan's Potato Salad
Cole Slaw
Mr. Z's Baked Chicken

Bean & Cheese Burrito
Roasted Pepper Potatoes
Succotash
Breakfast Items

Breakfast

Turkey Bacon
Beef Patties
Creamed Beef
French Toast / Pancakes
Hash Brown Patties
Eggs to Order

Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken Tortilla Soup
Magellan's Potato Salad
Cole Slaw
Cajun Baked Fish
Ginger Pot Roast
Bourbon Chicken
Glazed Sweet Potatoes
Steamed Rice
Roasted Carrots w/Rosemary
Japanese Stir Fry Vegetables
Succotash
Dinner Rolls
Jalapeno Cornbread

Dinner

Vegetable Soup
Magellan's Potato Salad
Cole Slaw
Beef Pot Pie
Lemon Baked Fish
Teriyaki Baked Chicken
Buttered Egg Noodles
Southwestern Rice
Cream Style Corn
Broccoli Combo
Olive Oil Braised Carrots
Dinner Rolls
Jalapeno Cornbread



Cycle Day 07/ Tuesday, October 15th



Daily Specials

Specialty Bar – Lunch & Dinner Wings Bar

Midnight

Chicken Noodle Soup Fruit Salad Pasta Salad Jerk Roast Turkey

BBQ Pulled Pork
Islanders Rice
French Style Green Beans
Breakfast Items

Breakfast

Turkey Links
Beef Bacon
Beef Patties
Creamed Beef
Pancakes/French Toast
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Hash Brown Casserole
Breakfast Burritos
Krispy Kreme
Biscuits

Lunch

Chicken Noodle Soup
Fruit Salad
Pasta Salad
Caribbean Catfish
Jerk Roast Turkey
Vegetarian Lasagna
Baked Potato Halves
Islanders Rice
Turkey Gravy
Corn Combo
Garlic Peas
French Style Green Beans
Dinner Rolls
Cheese Biscuits

<u>Dinner</u>

Mushroom Soup
Fruit Salad
Pasta Salad
Pork BBQ Spareribs
Beef Stew
Chinese 5 Spiced Chicken
Rice Pilaf
Roasted Pepper Potatoes
Asparagus
Cauliflower
Cream Style Corn
Dinner Rolls
Cheese Biscuits

Proud to Serve

Man arrangement the

Cycle Day 08/ Wednesday, October 16th



Daily Specials

Specialty Bar – Lunch & Dinner Curry Cuisine

Midnight

Ham & Bean Soup Turkey Waldorf Potato Salad Meat Loaf

Bratwurst
Mashed Potatoes
Carrots
Breakfast Items

Breakfast

Grilled Turkey Patties
Pork Bacon
Turkey Bacon
Creamed Beef
French Toast / Pancakes
Hash Brown Potatoes Shredded

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken Tortilla Soup
Turkey Waldorf
Potato Salad
Basil Baked Fish
Baked Spaghetti
BBQ Chicken
Baked Mac & Cheese
Steamed Rice
Mashed Potatoes
Black Eyed Peas
Carrots
Corn on the Cob
Dinner Rolls
Cornbread

<u>Dinner</u>

Tomato Soup
Turkey Waldorf
Potato Salad
BBQ Beef Cubes
Southwestern Fish
Chicken w/ Dumplings
Mexican Rice
Spanish Style beans
Peas
Peas
Succotash
Spinach
Dinner Rolls
Cornbread

Proud to Serve



Cycle Day 09/ Thursday, October 17th



Daily Specials

Specialty Bar – Lunch & Dinner Potato Bar

Midnight

Bean Soup Cucumber / Onion Salad Tuna Salad Lemon Pepper Pollock Egg Rolls Roasted Redskin Potatoes Grilled Asparagus Breakfast Items

Breakfast

Beef Bacon
Turkey Bacon
Pork Patties
Creamed Beef
Waffles
French Toast / Pancakes
Cottage Fried Potatoes

Egg to Order Grits/Oatmeal Fried Rice w/ Egg Breakfast Burrito Hash Brown Casserole Krispy Kreme Biscuits

Lunch

Bean Soup
Cucumber / Onion Salad
Tuna Salad
French Fried Shrimp
Zesty Pork Chops
Grilled Steak
Garlic Mashed Potatoes
Barley Pilaf
Brown Gravy
Sautéed Mushrooms & Onions
Grilled Asparagus
Broccoli Polonaise
Dinner Rolls

<u>Dinner</u>

Clam Chowder
Cucumber / Onion Salad
Tuna Salad
Pork BBQ Spareribs
Boneless Roast Turkey
Mediterranean Salmon
Brown Rice
Scalloped Potatoes
Braised Cabbage
Green Beans w/Feta
Turkey Gravy
Dinner Rolls

Proud to Serve



Cycle Day 10/ Friday, October 18th



Daily Specials

Specialty Bar – Lunch & Dinner Mongolian BBQ

<u>Midnight</u>

Minestrone Soup Country Style Tomato Salad Green & White Pasta Salad Grilled Salmon w/Citrus Butter

Italian Sausage Spicy Brown Rice Pilaf Corn **Breakfast Items**

Pork Bacon Pork Links Creamed Beef French Toast **Pancakes**

Hash Brown Patties

Turkey Links **Breakfast** Egg to Order Grits/Oatmeal Fried Rice w/ Egg **Breakfast Sandwiches** Broccoli Quiche Krispy Kreme **Biscuits**

<u>Lunch</u>

Minestrone Soup Country Style Tomato Salad Green & White Pasta Salad Honey Ginger Chicken Grilled Salmon w/Citrus Butter Yakisoba Beef Sweet Potatoes Southern Style Spicy Brown Rice Pilaf Southern Style Collard Greens Corn **Stewed Tomatoes Dinner Rolls** Cheese Biscuits

<u>Dinner</u>

Potato Soup Country Style Tomato Salad Green & White Pasta Salad Swedish Turkey Meatballs Roast Beef Parmesan Crusted Cod **Garlic Mashed Potatoes** Steamed Rice **Buttered Egg Noodles** Summer Squash Carrots Corn Combo **Brown Gravy Dinner Rolls**

Proud to Serve Cheese Biscuits

Cycle Day 11/ Saturday, October 19th



Daily Specials

Specialty Bar – Dinner Southern Bar

<u>Midnight</u>

Potato w/Bacon Soup Macaroni Salad Chickpea Salad w/Garlic Cumin Herbed Baked Chicken

Jalapeno Poppers Oven Browned Potatoes Cauliflower Au Gratin Breakfast Items

Turkey Links
Beef Bacon
Turkey Patties
Creamed Beef
French Toast
Pancakes
Tater Tots

Breakfast
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Cottage Fried Potatoes
Krispy Kreme
Biscuits

Lunch

Potato w/Bacon Soup
Macaroni Salad
Chickpea Salad w/Garlic Cumin
Chicken Florentine
Chili Mac
Baked Pork Chops
Savory Style Beans
Rice Pilaf
Cauliflower Au Gratin
Carrots on the Griddle
Broccoli
Brown Gravy
Dinner Roll
Cornbread

<u>Dinner</u>

French Onion Soup
Macaroni Salad
Chickpea Salad w/Garlic Cumin
Vindaloo Pork
Savory Baked Chicken
Maple Ginger Glazed Salmon
Brown Rice w/Vegetable
Sicilian
Scalloped Potatoes
Garlic Sautéed Spinach
Mixed Vegetables
Green Beans w/Mushrooms
Chicken Gravy
Dinner Rolls
Cornbread



Proud to Serve

Cycle Day 12/ Sunday, October 20th



Daily Specials

Specialty Bar – Lunch & Dinner Pasta Bar

<u>Midnight</u>

Chicken w/Rice Soup

Egg Salad

Country Style Tomato Salad

Pork Adobo

BBQ Pulled Chicken
Buttered Parsley Potatoes
Herbed Green Beans
Breakfast Items

<u>Breakfast</u>

Turkey Bacon
Beef Bacon
Pork Links
Creamed Beef
Pancakes / French Toast
Cottage Fried Potatoes

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

Lunch

Chicken w/ Rice Soup
Egg Salad
Country Style Tomato Salad
Roast Turkey
Hot & Spicy Chicken
Pineapple BBQ Meatballs
Buttered Parsley Potatoes
Harvest Blend Rice
Herbed Green Beans
Succotash
Dinner Rolls
Cheese Biscuits

Dinner

Beef & Noodle Soup
Egg Salad
Country Style Tomato Salad
Beef Stir Fry
Baked Fish w/Lemon Garlic Butter
Mr. Z's Baked Chicken
Buttered Egg Noodles
Steamed Rice
Lyonnais Potatoes
Japanese Stir Fry Vegetables
Fried Cauliflower
Glazed Carrots
Dinner Rolls

Proud to Serve Cheese Biscuits



Cycle Day 13/ Monday, October 21st



Daily Specials

Specialty Bar – Lunch & Dinner Taco Bar

Midnight

Clam Chowder
Caesar Salad
Three Bean Salad
Boneless Roast Turkey

Chicken Nuggets
Buttered Egg Noodles
Cauliflower Combo
Breakfast Items

<u>Breakfast</u>

Turkey Links
Beef Patties
Creamed Beef
French Toast
Pancakes
Hash Brown Patties

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Burrito
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Chicken Tortilla Soup
Caesar Salad
Three Bean Salad
Orange & Rosemary Honey Glazed Pork Chop
Shrimp Jambalaya
Chicken Cacciatore Qtrs.
Boston Baked Beans
Steamed Rice
Glazed Sweet Potatoes
Carrots

Peas w/Mushroom & Onion Cauliflower Combo Dinner Roll Jalapeno Cornbread

<u>Dinner</u>

Clam Chowder
Caesar Salad
Three Bean Salad
BBQ Chicken Quarters
Stuffed Green Peppers
Cajun Baked Fish
Simmered Pinto Beans
Hopping John Rice
Corn
Green Bean Sesame Glaze
Broccoli
Jalapeno Cornbread
Dinner Roll



cle Day 14/ Tuesday October 22nd

Cycle Day 14/ Tuesday, October 22nd



Daily Specials

Specialty Bar – Lunch & Dinner Wings Bar

Midnight

Pot Roast Soup Fruit Salad Zesty Rotini Pasta Salad Grilled Steak

Italian Sausage
Steamed Rice
Cream Style Corn
Breakfast Items

Turkey Links **Breakfast**

Beef Bacon
Turkey Patties
Creamed Beef
Waffles
French Toast
Pancakes
Tater Tots

Egg to Order
Grits/Oatmeal
Fried Rice w/Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Assorted Muffins

Lunch

Pot Roast Soup
Fruit Salad
Zesty Rotini Pasta Salad
Lemon Pepper Baked Chicken
Pork Adobo
Basil Pasta
Garlic Mashed Potatoes
Red Beans & Rice
Brussel Sprouts
Cream Style Corn
Roasted Butternut Squash
Dinner Rolls
Cornbread

<u>Dinner</u>

Potato Soup
Fruit Salad
Zesty Rotini Pasta Salad
Turkey & Spinach Meatloaf
Beef & Corn Pie
Chicken Florentine
Long Grain & Wild Rice
Buttered Egg Noodles
Herbed Green Beans
Japanese Stir Fry Vegetables
Grilled Asparagus
Dinner Rolls
Cornbread

Proud to Serve



Cycle Day 15/ Wednesday, October 23rd



Daily Specials

Specialty Bar – Lunch & Dinner Curry Cuisine

Chicken Baja Enchilada Soup

Macaroni Tuna Salad

Turkey Waldorf Salad

Tuna Noodles

Egg Rolls
Roasted Redskin Potatoes
Mexican Corn
Breakfast Items

Breakfast

Turkey Bacon
Pork Bacon
Beef Patties
Creamed Beef
Pancakes
French Toast
Cottage Fried Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Krispy Kreme
Biscuits

Lunch

Chicken Baja Enchilada Soup
Macaroni Tuna Salad
Turkey Waldorf Salad
BBQ Beef Cubes
Chinese Five Spice Chicken
Tuna Noodles
Au Gratin Potatoes
Harvest Blend Rice
Braised Cabbage
Calico Corn
Country Style Vegetable
Dinner Rolls
Cornbread

<u>Dinner</u>

Tomato Soup
Macaroni Tuna Salad
Turkey Waldorf Salad
Teriyaki Chicken
Sweet & Spicy Orange Salmon
Ground Turkey Meatball
Brown Rice
Garlic Mashed Potatoes
Peas & Carrots
Green Beans w/Mushrooms
Broccoli
Dinner Rolls
Cornbread



Proud to Serve

Cycle Day 16/ Thursday, October 24th



Daily Specials

Specialty Bar – Lunch & Dinner Potato Bar

Midnight

Potato Soup
Tuna Salad
Italian Style Pasta Salad
Onion/Lemon Baked Fish

Bratwurst
Rice Pilaf
Carrots
Cottage Fried Potatoes
Breakfast Items

Breakfast

Turkey Links
Beef Bacon
Pork Links
Creamed Beef
French Toast
Pancakes
Cottage Fried Potatoes

Egg to Order
Grits / Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Krispy Kreme
Biscuits

<u>Lunch</u>

Vegetable Soup
Tuna Salad
Italian Style Pasta Salad
Grilled Steak
French Fried Shrimp
Mambo Pork Roast
Spinach Stew
Orzo w/ Spinach & Tomato
Quinoa Garden Pilaf
Steamed Rice
Braised Cabbage
Savory Summer Squash
Broccoli Polonaise
Dinner Rolls

<u>Dinner</u>

Clam Chowder
Tuna Salad
Italian Style Pasta Salad
Creole Fish Fillet
Hamburger Yakisoba
BBQ Chicken
Dirty Rice
Lyonnais Potatoes
Roasted Brussel Sprouts
Hacienda Corn & Black Beans
French Style Peas
Dinner Rolls
Cheese Biscuits





Cycle Day 17/ Friday, October 25th



Daily Specials

Specialty Bar – Lunch & Dinner Pizza Bar

Midnight

Beef & Noodle Soup
Country Style Tomato Salad
Chickpea Salad w/Garlic Cumin
Pineapple BBQ Meatballs

Grilled Salmon
Baked Beans
Islanders Rice
French Style Green beans
Breakfast Items

Pork Patties Breakfast
Pork Bacon
Turkey Patties
Creamed Beef
Waffles
French Toast
Pancakes
Hash Brown Patties
Cott

Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash Brown Casserole
Asst. Muffins
Krispy Kreme
Cottage Fried Potatoes

Lunch

Beef & Noodle Soup
Country Style Tomato Salad
Chickpea Salad w/Garlic Cumin
Boneless Roast Turkey
Marinated Tomatoes w/Rotini & Basil
Meatballs
O'Brien Potatoes
Islanders Rice
Curried Cauliflower
Vegetable Medley
Glazed Carrots
Dinner Rolls

Cornbread

<u>Dinner</u>

Chicken Noodle Soup
Country Style Tomato Salad
Chickpea Salad w/Garlic Cumin
Turkey & Spinach Meatloaf
Chicken A La King
Maple Ginger Glaze Salmon
Sweet Potato Casserole
Steamed Rice
Jefferson Noodles
Grilled Asparagus
Herbed Green Beans
Black Eyed Peas
Broccoli Combo
Dinner Rolls
Combo

Proud to Serve



Cycle Day 18/ Saturday, October 26th



Daily Specials

Specialty Bar – Lunch & Dinner Southern Bar

Midnight

Tomato Soup
Zesty Rotini Pasta
Fruit Salad
Stuffed Green Peppers

Bean & Cheese Burrito
Simmered Pinto Beans
Succotash
Breakfast Items

<u>Breakfast</u>

Turkey Bacon
Beef Bacon
Pork Patties
Creamed Beef
French Toast
Pancakes
Hash Brown Potatoes

Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwiches
Broccoli Quiche
Asst. Muffins
Krispy Kreme
Biscuits

<u>Lunch</u>

Zesty Bean Soup
Zesty Rotini Pasta Salad
Fruit Salad
Swiss Steak w/Brown Gravy
Stuffed Green Peppers
Tuna Noodles
Brown Rice w/Tomatoes
Peas
Succotash
Mediterranean Grilled Vegetables
Dinner Rolls
Cornbread

<u>Dinner</u>

Shrimp Gumbo
Zesty Rotini Pasta Salad
Fruit Salad
Meat Lasagna
Chicken Cacciatore
Italian Broccoli Pasta
Harvest Blend Rice
Franconia Potatoes
Scalloped Corn
Herbed Green Beans
Roasted Butternut Squash
Dinner Rolls
Cornbread

Proud to Serve

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Cycle Day 19/ Sunday, October 27th



Daily Specials

Specialty Bar - Lunch & Dinner Pasta Bar

<u>Midnight</u>

Vegetable Soup
Carrot Salad
Egg Salad
Grilled Honey Siracha Chicken

Egg Rolls
Steamed Rice
Cottage Fried Potatoes
Corn Combo

Breakfast

Turkey Links
Beef Bacon
Pork Links
Creamed Beef
French Toast
Pancakes
Cottage Fried Potatoes

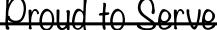
Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Burritos
Hash brown Casserole
Asst. Muffins
Krispy Kreme
Biscuits

Lunch

Vegetable Soup
Carrot Salad
Egg Salad
Grilled Honey Siracha Chicken
Turkey Chili Mac
Roast Rib of Beef
Baked Potato
Steamed Rice
Oriental Stir Fry Cabbage
Corn Combo
Dinner Roll
Cheese Biscuit

<u>Dinner</u>

Mushroom Soup
Carrot Salad
Egg Salad
Jamaican Chicken
Turkey Chili Mac
Salisbury Grilled Salmon
Baked Beans
Brown Rice
Peas w/Mushroom & Onion
Green Bean Sesame Glaze
Southern Style Collard Greens
Corn Combo
Dinner Roll
Cheese Biscuit



Cycle Day 20/ Monday, October 28th





Daily Specials

Specialty Bar – Lunch & Dinner Taco Bar

Midnight

Broccoli & Cheese Soup Italian Pasta Salad Caesar Salad Fish w/ SW Salsa

Chicken Nuggets
Parmesan Rice
Peas
Breakfast Items

Breakfast

Turkey Patties

Beef Links
Creamed Beef
Pancakes
French Toast
Hash Brown Patties
Eggs to Order

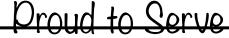
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwich
Broccoli Quiche
Asst. Muffins
Biscuits
Krispy Kreme

Lunch

Chicken Tortilla Soup
Italian Pasta Salad
Caesar Salad
Baked Chicken
Caribbean Catfish
Roast Pork Tenderloin
Parmesan Rice
Roasted Cauliflower
Carrots on the Griddle
Mixed Vegetables
Dinner Rolls
Jalapeno Cornbread

Dinner

Midwestern Tomato & Rice Soup
Italian Pasta Salad
Caesar Salad
Swedish Meatballs
Polynesian Fillet
Turkey & Spinach Meatloaf
Rissole Potatoes
Oriental Rice
Carrots
Broccoli
Cauliflower Combo
Dinner Rolls
Jalapeno Cornbread



Cycle Day 21/ Tuesday, October 29th





Daily Specials

Specialty Bar - Lunch & Dinner Wings Bar

Ham & Bean Soup Carrot Salad Fruit Medley Salad Baked Fish w/Lemon Garlic Butter

Midnight Turkey Spinach Meatloaf Italian Sausage **Brown Rice** Calico Corn **Breakfast Items**

<u>Breakfast</u>

Turkey Bacon **Beef Bacon Pork Patties** Creamed Beef **Pancakes** French Toast **Tater Tots**

Egg to Order Grits/ Oatmeal Fried Rice w/ Egg **Breakfast Burritos** Hash Brown Casserole **Biscuits** Krispy Kreme

<u>Lunch</u>

Ham & Bean Soup Carrot Salad Fruit Medley Salad Beef Pot Pie Chicken Parmesan Baked Fish w/Lemon Garlic Butter Garlic Mashed Potatoes Cilantro Brown Rice Calico Corn Roasted Butternut Squash Spinach **Dinner Rolls** Cornbread

<u>Dinner</u>

Cream of Potato Soup Carrot Salad Fruit Medley Salad Jerk Roast Turkey Pineapple BBQ Meatballs Savory Baked Chicken Long Grain Harvest Rice Glazed Sweet Potatoes Stewed Tomatoes Broccoli Polonaise Corn on the Cob **Dinner Rolls** Cornbread

Proud to Serve

Cycle Day 22/ Wednesday, October 30th



Daily Specials

Specialty Bar – Lunch & Dinner Curry Cuisine

<u>Midnight</u>

Corn Chowder
Fruit Salad
Turkey Waldorf Salad
Roast Pork Tenderloin

Chicken Patties
Mashed Potatoes
Carrots
Breakfast Items

Breakfast

Turkey Links
Pork Bacon
Pork Links
Pancakes
French Toast
Hash Brown Patties
Eggs to Order

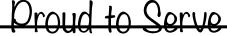
Egg to Order
Grits/Oatmeal
Fried Rice w/ Egg
Breakfast Sandwiches
Broccoli Quiche
Asst. Muffins
Biscuits
Krispy Kreme

<u>Lunch</u>

Corn Chowder
Fruit Salad
Turkey Waldorf Salad
Cajun Salmon
Baked Spaghetti
Honey Ginger Chicken
Jefferson Noodles
Mashed Potatoes
Steamed Rice
Cauliflower
Cajun Style Vegetables
Broccoli Parmesan
Dinner Rolls
Cheese Biscuits

<u>Dinner</u>

Carrot Soup
Fruit Salad
Turkey Waldorf Salad
Salisbury Steak
Baked Mexican Chicken
Baked Ham
Spicy Brown Rice Pilaf
Hacienda Potatoes
Roasted Butternut Squash
Corn Combo
Green Beans
Dinner Rolls
Cheese Biscuits



Cycle Day 23/ Thursday, October 31st



